

Becoming An Herbalist



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Becoming An Herbalist • To print out a registration form, click here: [Becoming An Herbalist Registration Form](#)

What you will learn in a nutshell: Learn to identify, grow, harvest & process over 100 herbs into medicine to use for yourself, your family and your animals. If you want to meet the herbs one on one, connect with each of them in an intimate manner, get to know them as only an herbalist does, this class is for you. This class is a gathering of like minded souls. You will travel with these wonderful new friends from winter through fall learning the herbs in their environment and at the pace appropriate for the group. You will learn to identify a VAST amount herbs. This includes the domestic herbs that we keep in our gardens for spices and health as well as those wild and wooly creatures that live on the edge of civilization or in the woods. You will learn to identify them, as well as learn which parts of the plant to harvest, when to harvest it, how to harvest it and how to prepare the plant for storage and use. This class is about getting intimate with the plants. Additionally you will learn how to order seeds and live herb plants, as well as how to grow them throughout the season. Every possible aspect of herbism will be discussed as we get to know these wonderful green allies. You will study hard, and learn more than you can imagine! (Many details are listed by month below. I encourage you to email if you have questions about this class.) 541-736-0164 or class@herbaltransitions.com

How you will learn: Lecture as well as hands-on experience for the new herbalist to intermediate level herbalist. This class revolves around easy to understand principles and gives you the necessary hands-on activities to teach you to identify, grow, collect, preserve and use herbs. Much of our time will be spent in the garden/field with the plants.

Where you will learn: Wise Acres Farm – A farm in Pleasant Hill Oregon, devoted to teaching planetary citizens to be more self sufficient in a sustainable manner. It is 18 minutes from South Eugene and 25 minutes from North Eugene. This will be our home base and most classes will be held here.

Who will be teaching: Classes are largely taught by Dr. Sharol Tilgner. Her bio is here. [Dr. Tilgner's bio](#)

Investment to learn: \$425 - \$525 (See discount schedule immediately below. Early payment has additional discounts!) sliding scale fee includes a whole winter to fall of lecture time, and hands-on time with the herbs.

Discounts: Receive a 15% discount if you register before December 15th, 2012. Receive a 10% discount if you register one month in advance. Refunds available up until two weeks prior to the class starting. There is a 20% surcharge on all refunds up until one month prior to the class when it changes to a 25% surcharge on all refunds. Remember there is a sliding scale for people who need it. Additionally, if you register as a group of 3 or more you can get a discount of 20% at any time. No other discounts can be taken with this 20% discount, but the sliding scale can still be used. For instance if three people are registering as a group for \$450 on the sliding scale, they would each get \$90 off the fee and pay only \$360 each for the entire 9 months of classes.

Registration: To print out a registration form, click here: [Becoming An Herbalist Registration Form](#)

When you will learn: Specific scheduled Sundays as listed below. Additional dates will be decided as needed. The extra dates will depend largely on mother nature and the weather as well as a variety of other farm factors. No matter the weather we will meet on the specified Sundays unless the students and teacher agree to change a date. Although we suggest you start this class in February, it is possible to join the class at any time. By coming to extra unscheduled dates you can make up some of the information lost to you. Sharol will also send emails to the class to notify them of things they should be thinking about as far as timing of plantings or harvesting etc. You may also email her with questions if you can't wait for class.

The scheduled Sunday dates are below.

February 5th

March 4th

April 1st

May 6th

June 3rd, 17th

July 15th, 29th

August 12th, 26th

September 16th

October 14th

Below is a list of herbs we will learn about by month/season. The herbs we learn about will not be limited to this list. Those that do not grow anywhere near here which you wish to learn about can also be studied if we have time. Simply let me know which herbs you have an interest in and I will try to fit them in at an appropriate time. The ones below will be our main focus. Most plants will be revisited at times not listed below so you can get to know them throughout the season as well as learn about collection of different parts of the plant at different times in the season. It will also help you to get to know the plant by visiting with it multiple times.

February/March: Oregon grape, Witch hazel, Poke, Valerian, Angelica, Burdock, Marshmallow, Pleurisy root, Horseradish, Black cohosh, Echinacea, Elecampane, Iris, Comfrey, Geranium, Chickweed, Pulsatilla, Nettles, Parsley root, Poplar, Old man's beard, Lungwort, Bloodroot, Cascara,

April/May: Horsetail, Dandelion, Cedar, Rosemary, Arnica, Celendine, Artichoke, Shepherds purse, Scotch broom, Cleavers, Plantain, Chamomile, Sage, Thyme, Ladies mantle, Uva ursi, Borage, Osha, Linden

June/July: Yarrow, Oats, Borage, Calendula, St. John's wort, Motherwort, Lemon balm, Bee balm, Bergamot, Cat nep, Feverfew, Rhaspberry, Absinthe,



Hawthorne, Gumweed, Hyssop, Horehound, Peppermint, Skullcap, Goldenrod, Lavender, Meadowsweet, Milk thistle, Mullein, Vervain, Celery seed (greenhouse), California poppy, Licorice, Schisandra

August/Sept: Boneset, Hops, Black walnut, Lobelia, Passionflower, Spilanthes, Red clover, Corn silk, Cayenne, Ginkgo, Elder berry, Wild yam, Yucca, Cramp bark

Oct: Fennel seed, Chaste tree seed, Horse chestnut, Hawthorne berry, Gotu kola (in greenhouse)

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Lodging:

Camping on the farm: \$15/night per each person.

Private cabin with a single bed and loft bed available for \$35 per night for two or more nights or \$45 per night for one night. Includes use of outdoor kitchen and bathroom with hot shower. The cabin is available at reduced price for longer term stays.

Motel 15 minutes away

Many motels/hotels 20 minutes away - [click here for details](#)

Payments: Due to the limited amount of people we can take, it is not cost effective to take credit cards. We need you to pay by check or cashiers check. Please mail payment in along with the filled out form at this link: [Becoming An Herbalist Registration Form](#)

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